PARKSIDE
STUDIO COLLEGE
Wood End Green Road,
Hayes, Middlesex, UB3 2SE

COLLEGE NEWS

PSC421

FRIDAY 11TH SEPTEMBER 2026

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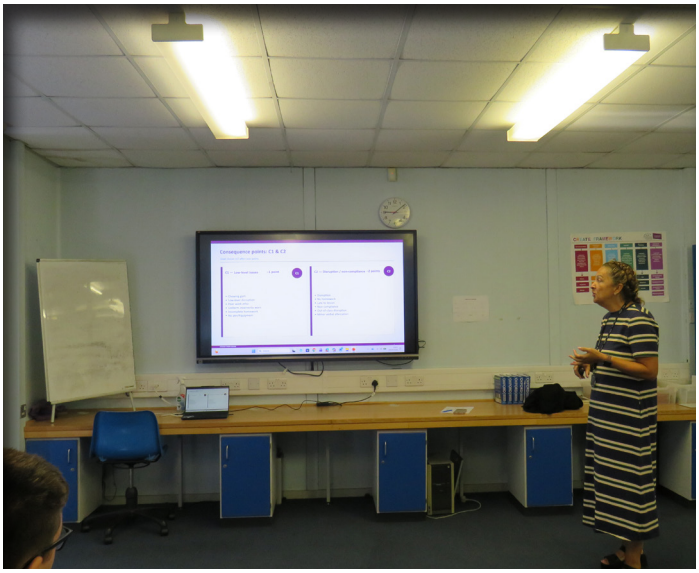
Welcome Back to College!

We were delighted to welcome our students back to college as we began another exciting academic year. Our Back to College assembly took place on Wednesday 9th September, and was a fantastic opportunity to come together as a college community, reconnect with students and staff, and look ahead to the year ahead.

The assembly focused on behaviour sanctions and rewards, and the new system that has been put in place was explained to students.

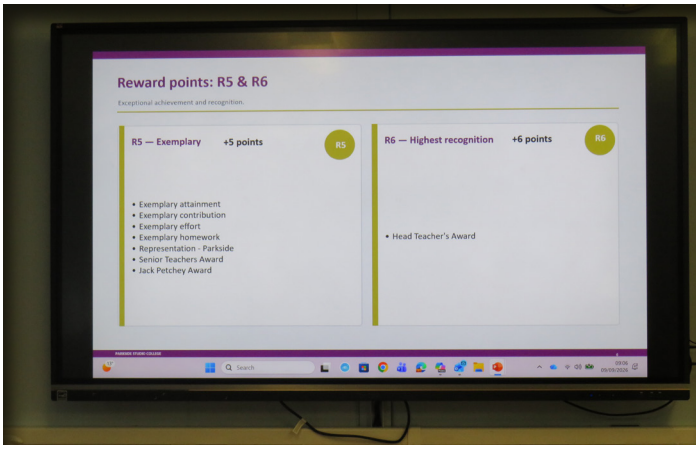


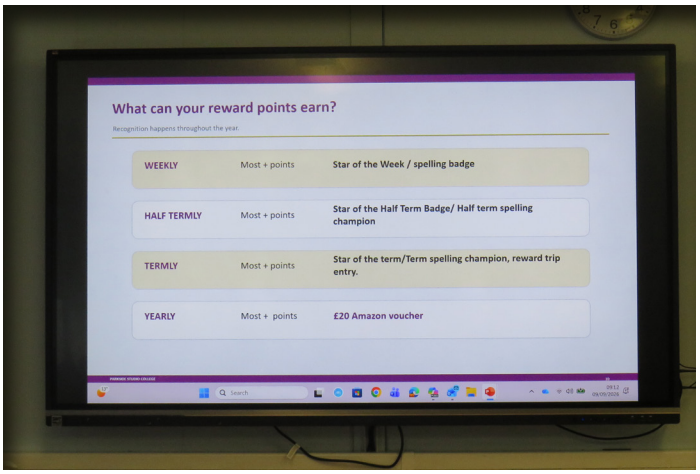
Students were reminded about setting positive expectations, making the most of every opportunity, and reminding students of the importance of respect, responsibility, resilience and teamwork. Students were encouraged to start the new term with a positive mindset, set themselves goals and take pride in their achievements.

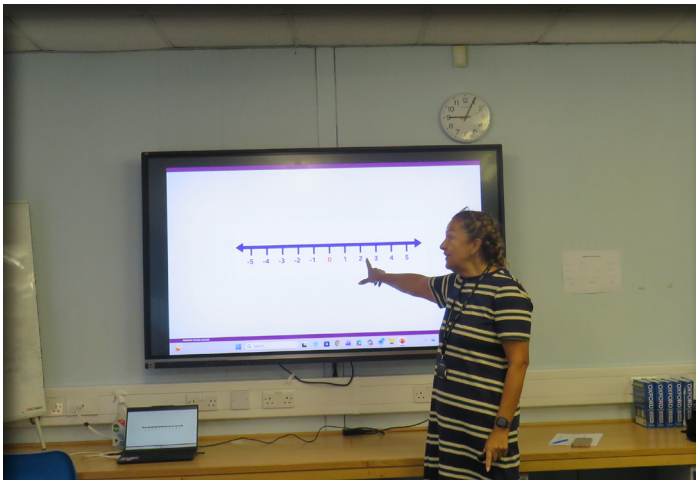


It was wonderful to see everyone back, looking smart, enthusiastic and ready for a fresh start. We are looking forward to a successful year filled with learning, new experiences, personal growth and many opportunities to celebrate our students' achievements.

A very warm welcome back to all our students — let's make it a fantastic year!







Back To School Tips for Families

As children settle back into school, here are a few helpful tips for families:

- Establish a consistent bedtime and morning routine;
- Prepare college bags and uniforms the night before;
- Encourage healthy eating and hydration;
- Talk positively about college and any worries they may have;
- Celebrate successes, big or small, to help build confidence and enthusiasm for learning;
- Ensure children have plenty of time to relax and unwind after the college day;
- Leave plenty of time for outdoor play, exercise and relaxation to support children's wellbeing;

Small routines can make a big difference in helping children feel confident and ready to learn!

Home Start Hillingdon - Family Support Volunteers Needed

Home Start Hillingdon is a local charity that supports families with young children who are facing challenges such as isolation, poor mental health, financial pressures, and difficulties managing day-to-day family life.

Home Start Hillingdon are currently recruiting new volunteers and their exceptional 6-week training course, ongoing support, and thorough safety plans enable volunteers to feel safe and empowered to enable change for struggling families in Hillingdon. Volunteers say that their development programme has helped them achieve personal goals, including confidence building, upskilling, offering effective support, and knowledge of local services.

As a volunteer, you will support families experiencing challenges such as mental health difficulties, disability, multiple births, or social isolation. You will visit the family once a week for 2 to 3 hours over a period of up to six months, providing emotional support, practical assistance, and encouragement. By building a trusting relationship, you will help parents develop confidence, strengthen their support networks, and access relevant local services and community resources to improve their wellbeing and family life.

Every volunteer helps ensure that local children and families receive the practical and emotional support they need to give their children the best possible start in life. [(https://www.therosedalehewensacademytrust.co.uk/news-and-events/latest-news/home-start-hillingdon)].

Absence Reporting

In the event of your child being unable to attend college, please contact the main reception on 0208 573 2097 before 8:00am. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital.

Week Commencing: *Monday 14th September*

MENU 2

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	**Halal**
Meal Choice 2	Beef Meatball Pasta Bake	**Halal**
Meal Choice 3	Beef Meatball Pasta Bake	**Non Halal**
Meal Choice 4	Potato and Cheese Bake	**Vegetarian**
Meal Choice 5	Meatballs with Gluten free Pasta	**Gluten/Dairy Free**
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	*Strawberry Mousse with Fresh Strawberries*	*Fresh Fruit and Yoghurts*
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	**Halal**
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Halal**
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	**Non Halal**
Meal Choice 4	Creamy Pasta Bake	**Vegetarian**
Meal Choice 5	Lamb Patty with Rice	**Gluten/Dairy Free**
Vegetables	Peas and White Cabbage	
Dessert Choice	*Chocolate Sponge*	*Fresh Fruit and Yoghurts*
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	**Halal**
Meal Choice 2	Chicken Carbonara with Spaghetti	**Halal**
Meal Choice 3	Chicken Carbonara with Spaghetti	**Non Halal**
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	**Vegetarian**
Meal Choice 5	Baked Jacket Potato with Salad and Beans	**Gluten/Dairy Free**
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	*Fruit Tarts*	*Fresh Fruit and Yoghurts*
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Halal**
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	**Non Halal**
Meal Choice 3	Vegetable Tart	**Vegetarian**
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	**Gluten/Dairy Free**
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	*Vanilla Cheesecake*	*Fresh Fruit and Yoghurts*
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	**Halal**
Meal Choice 3	Vegetable and Cheese Pasta Bake	**Vegetarian**
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	**Gluten/Dairy Free**
Vegetables	Peas and Sweetcorn	
Dessert Choice	*Apple Pie*	*Fresh Fruit and Yoghurts*

Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily



September to October 2026

September	
Thursday 24th	DofE Bronze Expedition
Friday 25th	
Tuesday 29th	Open Evening
October	
Tuesday 6th	Year 11 Jack Petchey Workshop
Tuesday 20th	Year 10 SORTED workshop
Friday 26th	Term Ends