

Hair and Beauty Trip to PBL London Excel



Our Hair and Beauty students had an exciting opportunity to visit the PBL London Hair and Beauty Show, where they were able to experience the latest trends, techniques and innovations within the industry.

The trip gave students the chance to explore the professional world of Hair and Beauty beyond the classroom. They were able to see demonstrations, discover new products and techniques, and gain inspiration from industry professionals and experts.



Students thoroughly enjoyed the experience and were encouraged to ask questions, explore different areas of the industry and think about the skills they will need for future careers. The visit was a fantastic way to bring their classroom learning to life while helping them build confidence and broaden their understanding of the many career opportunities available within the Hair and Beauty sector.

A big thank you to everyone who supported the trip and helped make it such an enjoyable and valuable experience for our students!



Sixth Form Open Evening

Choosing what to do after Year 11 is an important decision, and finding the right Sixth Form can make all the difference. Whether you already have a career in mind or are still exploring your options, The Rosedale Hewens Academy Trust is committed to helping every student find a pathway that reflects their interests, strengths and future ambitions. We are delighted to invite prospective students and their families to our Sixth Form Open Evening, taking place at Hewens College on Tuesday 3rd November 2026, from 5:30pm to 7:30pm. The evening is the perfect opportunity to discover everything that Sixth Form at The Rosedale Hewens Academy Trust has to offer and to begin planning the next stage of your education.

Find out more about the open evening on our website: [\[https://www.therosedalehewensacademytrust.co.uk/post-16/sixth-form-open-evening\]](https://www.therosedalehewensacademytrust.co.uk/post-16/sixth-form-open-evening).

THE ROSEDALE HEWENS ACADEMY TRUST SIXTH FORM/POST 16

Sixth Form Open Evening

Tuesday 3rd of November 2026 from 5:30pm to 8:30pm

www.therosedalehewensacademytrust.co.uk | Hewens College

Whether you're ready to specialise or still exploring your options, we'll guide you every step of the way. Don't miss the opportunity to experience life as a Sixth Form student and discover the path that's right for you.

Book a visit and explore our exciting course options, meet passionate teachers, and find out how our Sixth Form can help you build the future you want.

YOUR SUCCESS IS OUR PRIORITY EVERY STEP OF THE WAY...

Whether you're aiming for university, apprenticeships, or direct employment - we help you build a future that fits you.

Our courses connect you with professionals, placements, and practical experience that go beyond the classroom.

From academic mentoring to career coaching, we're with you every step of the way - because your success is our priority.

START YOUR EDUCATIONAL JOURNEY WITH US TODAY!

**BOOK
YOUR
SPOT**



We can't wait to meet you...

**FOLLOW US
ON SOCIAL**



Quote of the Week

'Your talent determines what you can do. Your motivation determines how much you are willing to do. Your attitude determines how well you do it'.

Lou Holtz



Week Commencing: Monday 12th October

MENU 2

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

October to November 2026	
October	
Tuesday 20th	Year 10 SORTED Workshop
Friday 23rd	Term Ends
Monday 25th to Friday 30th	Enrichment Week
November	
Monday 2nd	Term Begins