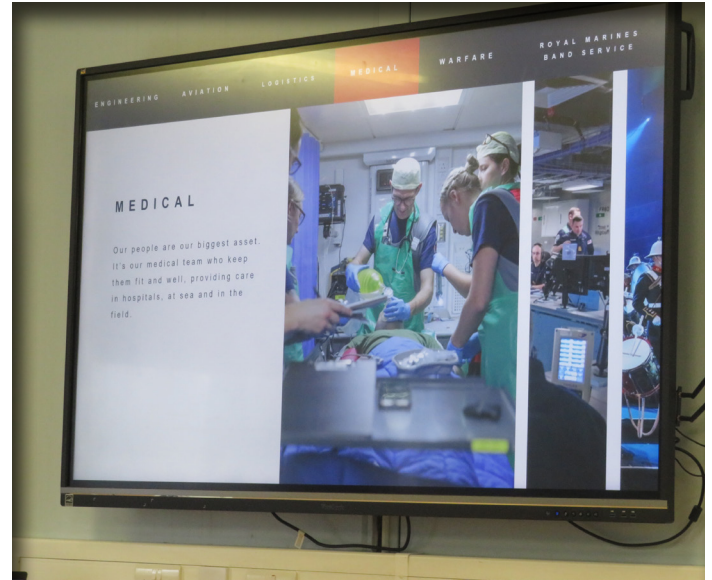




## Royal Navy Workshop

On Monday 23rd February, The Royal Navy engaged Year 9 and 10 Parkside students in an interactive leadership workshop that prompted teamwork and collaboration. The students were introduced into the varying roles of the Royal Navy before exploring the exciting apprenticeship opportunities for young people. The second half of the session was interactive, and students were given the task of building a mobile two wheeled cart able to race around an obstacle course. This valuable workshop highlighted the positive impacts joining the Royal Navy can make on both career opportunities and continuous skills development. Students enjoyed working together during the workshop



## Parkside Studio College Open Evening - 5pm to

7pm

Parkside Studio College will also be open on the same evening as the Year 8 Options Event next week. We invite prospective students and their families to join us on Tuesday 10th March 2026, from 5:00pm to 7:00pm, for an opportunity to tour the college, meet staff, and learn how our hands-on approach supports young people aged 13 to 19 in developing the skills and experience needed for future success. Visit the website below to book your spot: (<https://www.parksidestudiocollege.co.uk/latest-news/join-us-at-our-open-evening-tuesday-10th-march-2026>)



**OPEN**

*Evening*

**BOOK  
YOUR SPOT!**

**TUESDAY 10TH MARCH 2026**

**5PM TO 7PM**

Resilient | Respectful | Rational | Responsible | Reflective | Resourceful

Call us on 020 8573 1039, or visit [www.parksidestudiocollege.co.uk](http://www.parksidestudiocollege.co.uk)

## The Directors' Cut - Performing Arts Show -

Thursday 26th March 2026

Join us on Thursday 26th March 2026 at Hewens College for an unforgettable evening as our Directors, Vice Principals, and Principals take centre stage — and take over the playlist! From iconic hits to unexpected anthems, this year's performance promises a vibrant mix of high-energy routines and powerful, emotive moments, showcasing incredible creativity and talent across the board. Doors open with refreshments from 6:15pm, and the show runs from 7:00pm to 8:00pm. Bring your friends and family and dive into this exciting celebration of dance, music, and pure fun. Tickets are just £3 on iPay, visit our website for more information: (<https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/the-directors-cut-performing-arts-show-thursday-26th-march-2026>)

	<b>Week Commencing: Monday 9th March</b>
<b>MENU 1</b>	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

	<b>March 2026</b>
March	
Tuesday 24th	Media Trip to Cineworld High Wycombe
Monday 30th to Thursday 2nd April	Enrichment Week
Friday 3rd	Good Friday