



**British Red Cross Empathy Plus Migration Workshop**

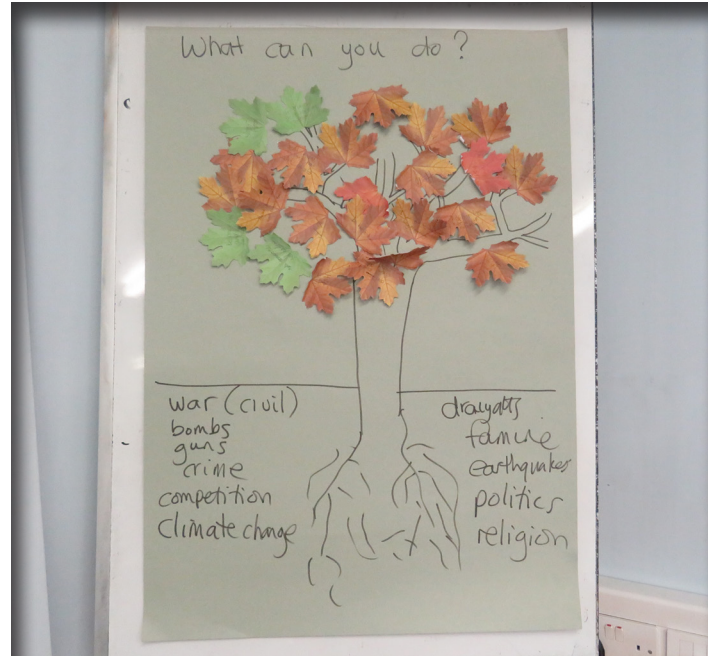


On Thursday 6th November, Parkside students took part in The British Red Cross 'Empathy with Migration' workshop, diving deep into the real life experiences of people forced to leave their homes due to conflict, disaster or persecution. Through interactive activities and powerful discussions, students explored:

- What it feels like to be a migrant;
- How empathy helps us understand other people's journeys;
- Ways to build inclusive, compassionate communities.

The workshop is part of The Red Cross' Youth Community Education programme, which empowers young people to think critically, act kindly, and make a difference.

A huge thank you to Carrie from the British Red Cross for inspiring our students to lead with empathy and understanding.



## GCSE Examination Certificate Collection

The certificates from the Summer Examinations 2025 have now arrived and are ready for collection. The collection window is from Wednesday 3rd December to Wednesday 3rd December 2025, between 2:00pm and 5:00pm. Certificates need to be collected in person and signed for. We are unable to post certificates.

Should you wish for someone to collect your certificates in your absence, then a signed and dated letter confirming this must be brought in by the named person when collecting your certificates. The named person collecting the certificates must also bring in photo identification, e.g. a passport or driving licence so we can check their identity.


GCSE, BTEC and GCE Certificates are important documents which should be kept safely for future reference. Replacement Certificates will not be provided. The cost of applying for a Statement of Results is approximately £40 per Examination Board and they are only available direct from the Examination Boards. The College does not keep copies. If a certificate is accidentally destroyed (i.e. by fire, theft or flood), candidates may apply for a replacement certificate to the Examination Board/s. The application must be supported by a statement from a relevant source.

## Attendance


We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

## College Uniform - Winter

Our College uniform provides students with a sense of community and pride for their college. It also supports positive behaviour for learning. Therefore whilst it is important during the winter months for your child to keep warm and wear coats, hats, scarves, gloves and even boots travelling to and from college, correct uniform must be worn once on the College campus. Please support your child in meeting the expectations of uniform by ensuring that correct uniform is worn under their winter garments and that they bring shoes to change into if they wear boots travelling to and from college. Thank you.

	<b>Week Commencing: Monday 1st December</b>	
	<b>MENU 1</b>	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

	<b>December 2025</b>
December	
Wednesday 3rd	GCSE Exam Certificate Collection
Friday 5th	The Riot Act - Young Driver ans Passenger Workshop
Friday 12th	Year 9/ 10 Sleeping Beauty Pantomime
Wednesday 17th	Student Christmas Lunch
Friday 19th	Term Ends (early dismissal)