



Parkside Hair and Beauty Students Get Creative!

Before the Easter holiday, Hair and Beauty students at Parkside have been showcasing their incredible creativity and skills by crafting a range of luxurious body and lip scrubs. Using a blend of essential oils, sugar, honey, shower gel and coconut butter, these products are perfect for pampering the skin.



The products not only smell divine but also offer amazing benefits for the skin, leaving it feeling fresh, smooth and rejuvenated. We are very proud of our students dedication and innovation in the world of beauty and wellness. We wish them all the best as they continue to explore and excel in their craft.



Little Marvels Family Fun Day! - Monday 21st July 2025, 1pm to 4pm

Get ready for a day full of giggles, games, and unforgettable fun at the Little Marvels Family Fun Day! The day will be bursting with activities, entertainment, and endless opportunities to create magical memories with your loved ones. Whether you're a tiny tot or a grown-up kid at heart, there's something for everyone to enjoy.

Date: Monday, 21st July 2025 Time: 1:00 PM to 4:00 PM
Location: Hewens Road, Hayes, Middlesex, UB4 8JP

This event is designed with families in mind, offering a safe and enjoyable environment for all ages. Join us and connect with friends, neighbours, and our local community. It's a great opportunity to meet new people and strengthen community bonds. All proceeds from the event will go towards supporting exciting initiatives at Little Marvels.

From face painting and bouncy castles to creative crafts and workshops, we've got a fantastic lineup of fun activities for all ages. Satisfy your taste buds with delicious food and drink, try your luck in our exciting raffle, and be captivated by music and performing arts.

Feel free to bring along your favourite snacks and drinks for a delightful family picnic!

Come join the fun and make this day truly unforgettable. We can't wait to see you there...

Hurry! Limited tickets available, book your FREE ticket here!
<https://www.littlemarvelsnurseryservices.co.uk/nursery-news/little-marvels-family-fun-day>.



Notice from Hillingdon - Online Parenting Support

We understand that getting support as a working parent to young children can be challenging. That's why the Hillingdon Family Hub Network has created an online parenting offer specifically designed to support working parents. Workshops and courses are available both during the day and in the evening and delivered by qualified early years staff in an engaging and non-judgemental manner.

Our workshops cover essential topics such as:

- Fussy Eating
- Toilet Training
- Behaviour Strategies
- Support for parents transitioning their children into childcare and/or school

Additionally, we offer two comprehensive online parenting courses:

- Exploring Parenting Together - A fun five-week course designed to help parents improve their relationship and behaviour with their children.
- Ducklings - A four-week course aimed at supporting parents who have a child newly diagnosed with autism spectrum condition or who is awaiting an assessment with the Child Development Centre.

Visit our website for more information: [<https://www.therosedalehewensacademytrust.co.uk/notice-from-hillingdon-online-parenting-support>].

Gaming and Gambling Awareness and Information Sessions for Parents, Guardians and Carers - Book Now!

Ygam are working with the Metropolitan Police to offer an online information session to help develop your understanding of gaming and gambling harms, enabling you to have open conversations with your children.

They also have a dedicated Parent Hub which aims to provide information and guidance to help you safeguard your children against the potential harms of gaming and gambling. Find out more here: [<https://www.therosedalehewensacademytrust.co.uk/gaming-and-gambling-awareness-and-information-sessions>].

Quote of the Week

'We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty'.

Maya Angelou

	Week Commencing: Monday 5th May	
	MENU 2	

TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
<small>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</small>		

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		May 2025
April		
Monday 5th May	Bank Holiday	
Wednesday 7th May	Year 11 VTCT Hair and Beauty Exam	
Friday 9th May	GCSE Business Paper 1 Exam	