

The Daniel Spargo-Mabbs Foundation

On Thursday 3rd February, The Daniel Spargo-Mabbs Foundation delivered a production to all students to highlight the dangers of the use of drugs. The production outlined the events leading up to the death of Daniel Spargo-Mabbs, who died from multiple organ failure three days after taking the drug MDMA (ecstasy) in Hayes, in 2014.



The facilitators used roleplay to engage students and open forum discussions to give them an opportunity to discuss the devastating effects of drugs, and highlighted the importance of making safer choices as well as avoiding peer pressure.



Year 8 Options Evening

The Rosedale Hewens Academy Trust is excited to announce its Year 8 Options Evening, held to support students in choosing their Key Stage 4 options. The event will take place on Tuesday 22nd February at 5:30pm and there will be a dedicated Year 8 Options page on the Hewens and Rosedale College websites following the event. Parkside Studio College looks forward to welcoming all students to showcase its amazing facilities, unique way of learning and continued commitment in creating a learning environment where every student can make good progress and achieve their full potential.

Launch of New Website

As you may know, we have launched a new website to improve accessibility to our content with education-specific functionality. The website features a consistent and intuitive design to make navigation simple. Some key features include: **Responsive Design** to ensure desktop/mobile compatibility, making it easy to use on all browsers and portable devices, **User Friendly Buttons** to enable you to navigate the site seamlessly, **Red Banners** to alert you to crucial information which require urgent attention, **Powerful Communication Software** to improve communication, and much more. Please visit (<https://www.parksidestudiocollege.co.uk/>) for full access to our new website.

New Facebook Account

We have now set up a new Facebook account where we will be posting important updates, academic achievements and notable events for all to view. Please follow **The Rosedale Hewens Academy Trust** via (<https://www.facebook.com/T.R.H.AcademyTrust/>) to stay connected, gain new insights and to avoid missing out on any exciting content posted in the upcoming weeks. Please remember to like and share the posts! Thank you for your continued support.

Uniform Expectations - Winter

Our college uniform provides students with a sense of community and pride for their college. It also supports positive behaviour for learning. Therefore, whilst it is important during the winter months for your child to keep warm and wear coats, scarves, hats, gloves and even boots travelling to and from college, correct uniform must be worn once on the College campus. Please support your child in meeting the expectations of uniform by ensuring that correct uniform is worn under their winter garments and that they bring their shoes to change into if they wear boots travelling to and from college. Thank you.

Second Coronavirus Vaccination

The NHS North West London Vaccination Team will be coming to Parkside Studio College on Thursday 3rd March to deliver the second dose of the coronavirus immunisations to students that have returned their consent forms to the College.

Quote of the Week

'If a man empties his purse into his head, no man can take it away from him. An investment in knowledge always pays the best interest.'

Benjamin Franklin



Week Commencing: *Monday 21st February*

MENU 2

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| MONDAY | | |
| Meal Choice 1 | Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip | Halal |
| Meal Choice 2 | Beef Meatball Pasta Bake | Halal |
| Meal Choice 3 | Beef Meatball Pasta Bake | Non Halal |
| Meal Choice 4 | Potato and Cheese Bake | Vegetarian |
| Meal Choice 5 | Meatballs with Gluten free Pasta | Gluten/Dairy Free |
| Vegetables | Cauliflower and Broccoli Florets | |
| Dessert Choice | Strawberry Mousse with Fresh Strawberries | Fresh Fruit and Yoghurts |
| TUESDAY | | |
| Meal Choice 1 | Breaded Chicken Fillet with Boiled New Potatoes | Halal |
| Meal Choice 2 | Lamb Koftas with Rice and a Yogurt and Cucumber Dip | Halal |
| Meal Choice 3 | Lamb Koftas with Rice and a Yogurt and Cucumber Dip | Non Halal |
| Meal Choice 4 | Creamy Pasta Bake | Vegetarian |
| Meal Choice 5 | Lamb Patty with Rice | Gluten/Dairy Free |
| Vegetables | Peas and White Cabbage | |
| Dessert Choice | Chocolate Sponge | Fresh Fruit and Yoghurts |
| WEDNESDAY | | |
| Meal Choice 1 | Beef Meatballs in a Tomato Sauce with Spaghetti | Halal |
| Meal Choice 2 | Chicken Carbonara with Spaghetti | Halal |
| Meal Choice 3 | Chicken Carbonara with Spaghetti | Non Halal |
| Meal Choice 4 | Quorn Mince Balls in a Tomato Sauce with Spaghetti | Vegetarian |
| Meal Choice 5 | Baked Jacket Potato with Salad and Beans | Gluten/Dairy Free |
| Vegetables | Sweetcorn and Green Beans | |
| Dessert Choice | Fruit Tarts | Fresh Fruit and Yoghurts |
| THURSDAY | | |
| Meal Choice 1 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | Halal |
| Meal Choice 2 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | Non Halal |
| Meal Choice 3 | Vegetable Tart | Vegetarian |
| Meal Choice 4 | Roast Chicken with Roast Potatoes and Gluten free Gravy | Gluten/Dairy Free |
| Vegetables | Roast Carrots and Green Cabbage | |
| Dessert Choice | Vanilla Cheesecake | Fresh Fruit and Yoghurts |
| FRIDAY | | |
| Meal Choice 1 | Fish Fingers or Battered Chicken with Oven Baked Potato Wedges | |
| Meal Choice 2 | Beef Casserole with Rice | Halal |
| Meal Choice 3 | Vegetable and Cheese Pasta Bake | Vegetarian |
| Meal Choice 4 | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | Gluten/Dairy Free |
| Vegetables | Peas and Sweetcorn | |
| Dessert Choice | Apple Pie | Fresh Fruit and Yoghurts |
| <i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i> | | |



February to April 2022

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|---------------------------------|--------|--------------------------|
| FEBRUARY | | |
| Tuesday 22nd | 5:30pm | Year 8 Options Evening |
| MARCH | | |
| Thursday 3rd | | Second Covid Vaccination |
| Monday 21st to Friday 25th | | Enrichment Week |
| Monday 28th to Friday 1st April | | College Closure |
| APRIL | | |
| Monday 4th | | Term Begins |