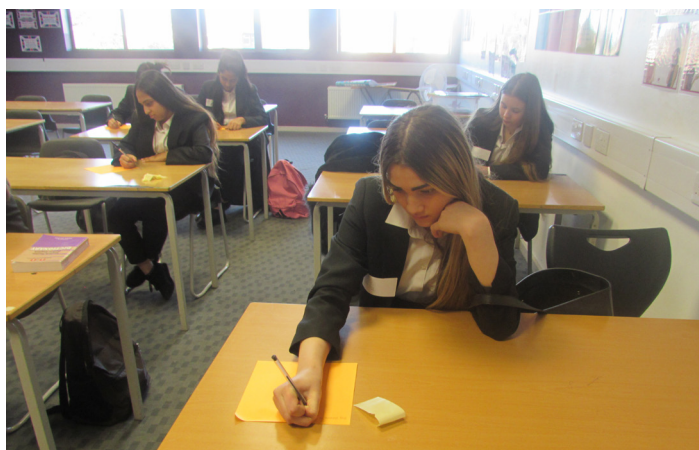


Black Training and Enterprise Group

On Monday 22nd November, The Black Training and Enterprise Group delivered a presentation about motivation and empowerment to the Year 10 female students at Parkside.



The presentation was arranged to identify students' perceived obstacles and then develop ways forward to overcome them. Students were placed into groups and shown statements by prominent black and ethnic people in our current society. They were asked to collate information about the statements and express how they feel about them. Students then went on to watch a short video before writing their own statements with three questions as focal points:

- What drives you?
- Who/what inspires you?
- What do you think your purpose is?



The statements were collected and discussed as a group before the next session where students had to write about their own challenges and obstacles, leading to further compelling discussions! Judging by the lengthy discourse that took place, it was clear that the Year 10 girls understood the messages and advice given in the presentation.

Christmas Meals

CHRISTMAS DINNER

Wednesday 15th December

£2.40



On Wednesday 15th December, we will be offering the students who wish to have a school dinner, a traditional Christmas meal and a dessert at a small cost of £2.40. All information regarding Christmas meals is available on the Fusion Mobile application. You will be required to log into your child's account and pre-order their meal of choice at your earliest convenience. Please ensure your child's iPay account is topped up with sufficient funds if you would like them to enjoy the festive meal.

Keeping Children Safe – Christmas Facebook Live

Online Safety is an important part of keeping children safe at college. In an ever-changing world, ensuring students' safety online has never been more important. As we continue to promote positive use of technology to ensure the safety of all our students, they need strict guidance to positively and safely access information on the internet, communicate via social networks, use applications and play games. On Monday 20th December at 7:00pm, The London Grid for Learning (LGfL) DigiSafe will be hosting a Facebook Live Question and Answer drop-in for all parents, guardians and carers whose children have access to any internet-enabled devices via @LGfLDigiSafe. Special guests and leading experts including Common Sense Media will attend to share advice on applications, games and the latest trends. There will also be a discussion about various topics including bullying, relationships and criminal/sexual exploitation. Sign up now at (facebook.com/LGfLDigiSafe/posts) to confirm your attendance.

Update on Face Masks


We have reviewed the current circumstances regarding face masks in line with the recent government guidelines and will be proceeding with the approach informed by the government and the World Health Organisation (WHO).

The health and safety of our students and staff are of paramount importance. Thus, we would like to reiterate the importance of all students being **highly recommended** to wear face masks in all communal areas of the College campus as well as on public transport and the minibuses. This measure has been implemented to reduce the risk of coronavirus (COVID-19) transmission and will provide yet another layer of reassurance to students, families and staff, and build on the stringent measures already implemented around the site. Further information can be found on the letter that was distributed in November or via (<https://bit.ly/32EXOTD>).

Please note that face coverings do not replace social distancing or hand washing, however, combining these measures gives us the best chance of preventing COVID-19. Your cooperation in this matter is highly appreciated.

End of Term

The Autumn term ends on Friday 17th December. All students will be expected to attend college at the normal time of 8:45am but there will be an early dismissal time of 12:15pm.

			December 2021 to January 2022		
DECEMBER					
Friday 17th			Term Ends		
Monday 20th December 2021 to Monday 3rd January 2022			Christmas Holiday		
JANUARY					
Tuesday 4th		2:00pm to 6:00pm	Academic Tutoring Evening		
Thursday 6th			Term Begins		



Week Commencing: *Monday 13th December*

SPECIAL MENU 3



MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/ Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY - 'Christmas Meal'		
Meal Choice 1	Roast Norfolk Turkey with a Rich Onion Gravy	Halal
Meal Choice 2	Roast Norfolk Turkey with a Gluten free Rich Onion Gravy	Gluten/ Dairy Free Halal
Meal Choice 3	Roast Norfolk Turkey with a Rich Onion Gravy and a Pork Chipolata wrapped in Smoked Bacon	Non Halal
Meal Choice 4	Roast Norfolk Turkey with a Gluten free Rich Onion Gravy	Gluten/ Dairy Free Non Halal
Meal Choice 5	Cheddar Cheese, Tomato and Basil Tart with an Onion Marmalade	Vegetarian
Meal Choice 6	Whole Roasted Cauliflower with Garlic, Thyme and Black pepper	Gluten/ Dairy Free Vegetarian
Vegetables	Roasted Rosemary and Thyme Potatoes, Sage and Onion Stuffing, Honey Glazed Baby Carrots and Baby Buttered Brussels Sprouts	
	Gluten Free Sage and Onion Stuffing	
Dessert Choice	Rich Chocolate Cake with a Caramel Fudge Sauce	Fresh Fruit and Yoghurts
Gluten Free Dessert Choice	Gluten Free Chocolate Fudge Cake served with Fresh Strawberries	
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/ Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<p><i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i></p>		

College Closure

Please note that from Monday 20th December 2021 through to Monday 3rd January 2022, the College will be closed for our Christmas holiday. Tuesday 4th and Wednesday 5th January are staff training days, therefore college will recommence at the normal time of 8:45am on Thursday 6th January. Thank you.

Quote of the Week

"Aim for success not perfection. Never give up your right to be wrong, because then you will lose the ability to learn new things and move forward with your life. Remember that fear always lurks behind perfectionism."

Dr. David M. Burns