

## Empowering Year 11 Students with Confident Communication Skills

At Parkside, we are committed to equipping our students with the skills they need to succeed in their future endeavours. Recently, our Year 11 students participated in an engaging and interactive workshop delivered by Talk the Talk, in collaboration with the Jack Petchey Foundation. This workshop was designed to build confidence and enhance communication skills, which are crucial as our students prepare for college interviews and job applications.

The workshop was led by the enthusiastic and knowledgeable Abi, who brought a wealth of industry experience to the session. Abi's dynamic approach and passion for communication made the workshop both enjoyable and highly educational. Our students were actively involved in various activities that challenged them to step out of their comfort zones and practice their speaking and listening skills in a supportive environment.

Throughout the workshop, students learned valuable techniques for effective communication, including how to articulate their thoughts clearly, engage their audience, and present themselves confidently. These skills are not only important for academic and professional success but also for personal growth and development.



We are proud to highlight the achievements of our Talk About the Future Champions: Lexie and Gurkaram. These two students demonstrated exceptional participation and growth during the workshop, earning them this special recognition. Their dedication and enthusiasm are truly commendable, and we look forward to seeing them apply these skills in their future endeavours.

At Parkside, we believe in the power of confident communication and its impact on our students' lives. We are grateful to the Jack Petchey Foundation and Talk the Talk for providing this invaluable opportunity. Together, we are helping our students build a strong foundation for their futures.

Thank you once again to Abi for her outstanding delivery of the workshop and for inspiring our students to become confident communicators.

A huge thanks to Parkside's Careers Lead, Mr Hood, for organising this engaging opportunity for our students.

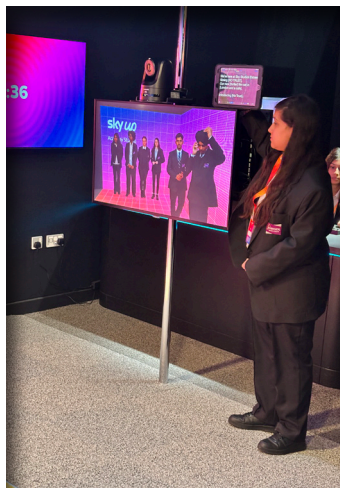
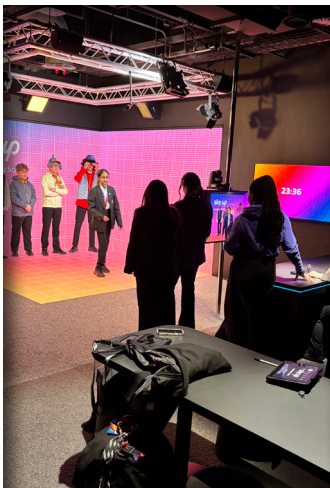


## Parkside Students Shine at Sky Elstree Studio for Safer Internet Day 2025

In an exciting collaboration with Sky Up and their dedicated media education team, Parkside students have embarked on a remarkable journey to create their very own film about staying safe online. This initiative, part of our Safer Internet Day celebrations, has provided our students with invaluable hands-on experience in the world of media and entertainment.

Our students have been involved in every aspect of the filmmaking process. From creating, planning, and directing to filming and acting, they have demonstrated incredible creativity and dedication. This project has not only allowed them to express their artistic talents but also to convey important messages about internet safety in a fun and engaging way.

One of the highlights of this project was the exciting tour of Sky Elstree Studio. Our students had the unique opportunity to explore a professional recording studio, gaining insights into the various careers available in the media industry. This behind-the-scenes experience has inspired many of them to consider future opportunities in this dynamic field.



As part of our commitment to providing comprehensive Careers Information, Advice, and Guidance (CIAG), this project has been instrumental in broadening our students' horizons. By working closely with industry professionals and experiencing the media production process firsthand, our students have gained a deeper understanding of the skills and knowledge required for careers in media and entertainment. This initiative aligns perfectly with our goal of equipping students with the tools they need to make informed decisions about their future career paths.

This project has been an incredible journey of creativity and learning for our students. It has empowered them to take ownership of their work and to share important messages about internet safety with their peers and the wider community. We are immensely proud of their hard work and dedication.

Stay tuned for the premiere of their amazing film and join us in celebrating their achievements! Together, we can make the internet a safer place for everyone.



## Upcoming Enrichment Week

Please be reminded that Monday 17th to Friday 21st February is Enrichment Week. Students in Years 9, 10 and 11 will be invited to attend Intervention/Enrichment Sessions if they need to catch up on coursework or need any other support. Letters will be sent home to parents, guardians and carers, informing them of what the week will entail. If you have any questions or require any further information, please contact the College on 0208 573 2097 ext 2.

### Join the Great Cable Challenge! *Time to Tidy Up Those Tangled Cables...*

Have you got unwanted wires cluttering up your home and you're not sure what to do with them?

Hillingdon Council's Recycling team invites you to participate in the Great Cable Challenge. Let's see how many unwanted old cables we can recycle to reduce waste in our borough!

Pink Cable Recycle Bins have been placed at **Hewens Primary, Hewens College, Parkside Studio College, and De Salis Studio College.**

**Time to Tidy Up Those Tangled Cables!** Recycle your unwanted wires between **Monday 10th February to Friday 14th March.**

**Prize:** The school that collects the most kilograms of cables will win £100 towards purchasing repair kits from Team Repair.

Let's get recycling and make a difference! Poster design is inspired by a talented Year 8 Student at Hewens College!

# The Great Cable Challenge



**Do you have wires taking up useful space, but you don't know how to dispose of them? ▣**


**...If the answer is YES, I DO! Participate in the 'Great Wire Challenge' and help spark new life to thousands of kilograms of copper.**



Poster design inspired by our talented Student @ Hewens College




**All you need to do is bring all of your unwanted cables in to each of the schools or colleges below, and place them into the pink bin!**



**Week Commencing: Monday 24th February**

## MENU 3

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		



## February to March 2025

February	
Monday 17th to Friday 21st	Enrichment Week
March	
Tuesday 4th March	Key Stage 4 Options Evening
Monday 3rd to Friday 7th	Year 11 Trial 2 Examinations