

Year 9 Health and Social Care Students Shine in Voluntary Support Presentations

We are thrilled to share the fantastic achievements of our Year 9 Health and Social Care students, who recently presented their research on Voluntary Sources of Support. Their dedication and hard work culminated in a series of impressive presentations that highlighted the importance of voluntary organisations in our communities.

A special congratulations goes to Poppy, Mahek, and Dhvani for their exceptional research and presentations. Their efforts not only showcased their understanding of the subject but also their ability to communicate complex information effectively. These students have set a high standard for their peers and demonstrated the value of thorough research and preparation.



During their presentations, the students covered three significant charities, each playing a crucial role in providing support to those in need:

- **The Kings Trust:** This charity is dedicated to supporting young people aged 11 to 30. By offering practical and financial assistance, The Kings Trust helps young individuals develop the skills and confidence needed to start their careers and achieve their potential. Their work is instrumental in empowering the next generation and fostering a sense of independence and self-worth.

- **Home Start:** Home Start is a local community network of trained volunteers who provide invaluable support to families with young children. Through home visits and tailored assistance, Home Start helps families navigate challenging times, offering practical help and emotional support. Their efforts ensure that families receive the help they need to create a nurturing and stable environment for their children.

- **Relate:** Known for its comprehensive relationship support services, Relate offers counselling for individuals, couples, families, and young people. Their services are designed to help people manage their relationships more effectively, providing a safe space to discuss and resolve issues. Relate's work is essential in promoting healthy relationships and emotional well-being within the community.



We are incredibly proud of all our Year 9 Health and Social Care students for their achievements. Their presentations have not only enriched their own learning but have also raised awareness about the importance of voluntary support within our community.

As we celebrate these accomplishments, we look forward to seeing how our students will continue to grow and contribute to their communities. Their success in this project is just the beginning, and we are excited to support them in their future endeavours.

Well done to all our students, and keep up the fantastic work



Upcoming Enrichment Week

Please be reminded that Monday 17th to Friday 21st February is Enrichment Week. Students in Years 9, 10 and 11 will be invited to attend Intervention/Enrichment Sessions if they need to catch up on coursework or need any other support. Letters will be sent home to parents, guardians and carers, informing them of what the week will entail. If you have any questions or require any further information, please contact the College on 0208 573 2097 ext 2.

Children's Mental Health Week - Monday 3rd to Friday 9th February

Place2Be's Children's Mental Health Week 2025 is joining forces with Here4You to explore the importance of self-awareness and expressing emotions.


Here4You is supported by The Walt Disney Company, and through the characters of Pixar's Inside Out and Inside Out 2, they have produced resources to encourage children and young people across the UK to discover how getting to know who they are can help them build resilience, grow and develop. Help us explore the theme of Know Yourself, Grow Yourself. Visit our website for top tips and creative activities to enjoy with your children at home. [<https://www.therosedalehewensacademytrust.co.uk/place-2-be-know-yourself-grow-yourself>].




NEW - Aim High - SEND Youth Forum

Aim High is a new forum for children and young people with Special Educational Needs and Disabilities (SEND). Aim High meets on the second Tuesday of every month, from 4.30pm to 6pm, at the Civic Centre, Uxbridge, UB8 1UW. Visit our website or the Hillingdon.Gov website to book a spot!

[<https://www.parksidestudiocollege.co.uk/aim-high-send-youth-forum>].

	Week Commencing: Monday 3rd February	
	MENU 1	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

	<h2>February to March 2025</h2>
February	
Friday 7th	Year 9 DTP/MenACWY Immunisations Session 1
Tuesday 11th	Media Trip to Elstree Studios
Monday 17th to Friday 21st	Enrichment Week
March	
Monday 3rd to Friday 7th	Year 11 Trial 2 Examinations