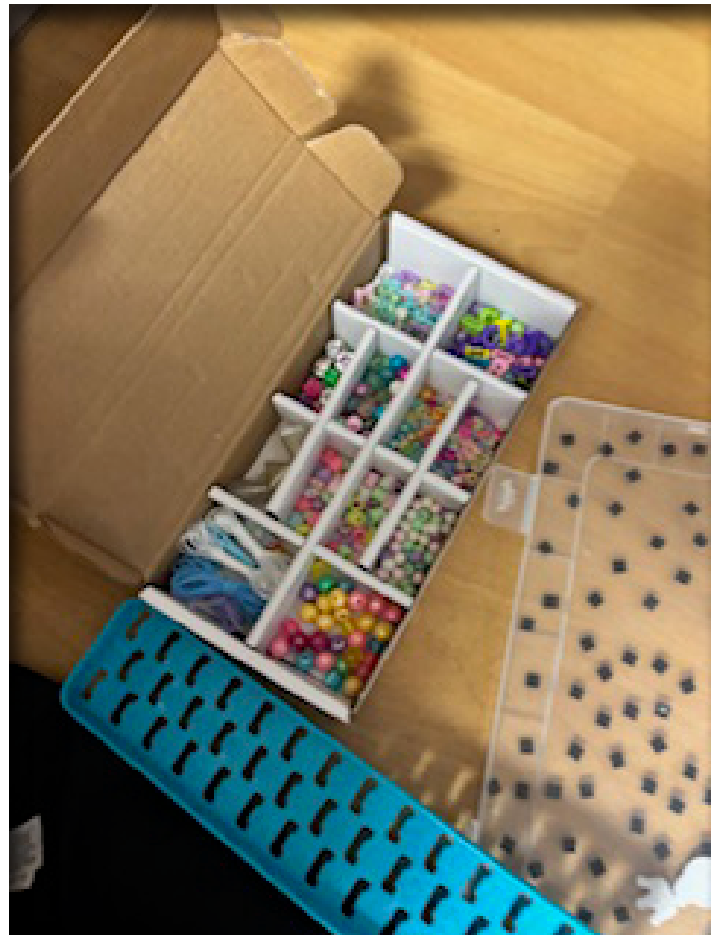




## Lunchtime Creativity

Year 9 students at Parkside have been making the most of their Christmas presents during lunch breaks! From intricate loom banding to beautiful bead crafting, their creativity know no bounds. It is wonderful to see such enthusiasm and skill in action, keep up the fantastic work everyone.



## Free School Meals – Application Process

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the College Reception and request an application form.

The College office will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year. It is important to note that until your child has been confirmed as receiving the Free School Meals benefit, their school lunches must be paid for.

## Absence Reporting

In the event of your child being unable to attend college, please contact the main reception on 0208 573 2097 ext 2 before 8:00am. In order for the College to ensure that all students are properly safeguarded, it is important for you to follow this procedure for every day your child is absent. The only exception to this is for extended periods of illness where the period of absence is explained in a note from your child's doctor or hospital. The College is required to account for all absences so please ensure your child brings a letter that verifies the reasons for their absence on their return to college.

## Mobile Telephones

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College day. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

## Google Translate - Now available on our website!


We are pleased to inform you that we now have a button available on our website that will translate our website into other languages. This button can be found at the top of the website to the right of the screen. Once selected, you are able to scroll through to select the language most suitable to you, which will then translate the text on the website in to the selected language. Please note, this feature will only translate what is on the website pages, and not downloadable PDF documents. If you would like a particular document translated, or any other queries regarding translation, please do contact your college reception, and we will do all we can to support any language or communication barriers you may experience between college, and home life.

## Quote of the Week

"Don't count the days. Make the days count".

Muhammed Ali

		Week Commencing: <i>Monday 13th January</i> <b>MENU 4</b>	
<b>MONDAY</b>			
Meal Choice 1	Beef Lasagne with Fresh Salad		Halal
Meal Choice 2	Spaghetti Bolognese		Halal
Meal Choice 3	Spaghetti Bolognese		Non Halal
Meal Choice 4	Mediterranean Pasta Bake		Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts	
<b>TUESDAY</b>			
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy		Halal
Meal Choice 2	Beef Tikka Masala with Rice		Halal
Meal Choice 3	Beef Tikka Masala with Rice		Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage		
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts	
<b>WEDNESDAY</b>			
Meal Choice 1	Chicken New Yorker with Jacket Potato		Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry		Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry		Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles		Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry		Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts	
<b>THURSDAY</b>			
Meal Choice 1	Mexican Chilli Mince Wraps		Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Non Halal
Meal Choice 4	Cheese and Onion Tart		Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy		Gluten/Dairy Free
Vegetables	Peas and White Cabbage		
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts	
<b>FRIDAY</b>			
Meal Choice 1	Fish Cakes with Potato Wedges		
Meal Choice 2	Fish Fingers with Potato Wedges		
Meal Choice 3	Macaroni Cheese		Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower		
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts	
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily			

 February to March 2025	
<b>February</b>	
Friday 7th	Year 9 DTP/MenACWY Immunisations Session 1
Tuesday 11th	Media Trip to Elstree Studios
Monday 17th to Friday 21st	Enrichment Week
<b>March</b>	
Monday 3rd to Friday 7th	Year 11 Trial 2 Examinations