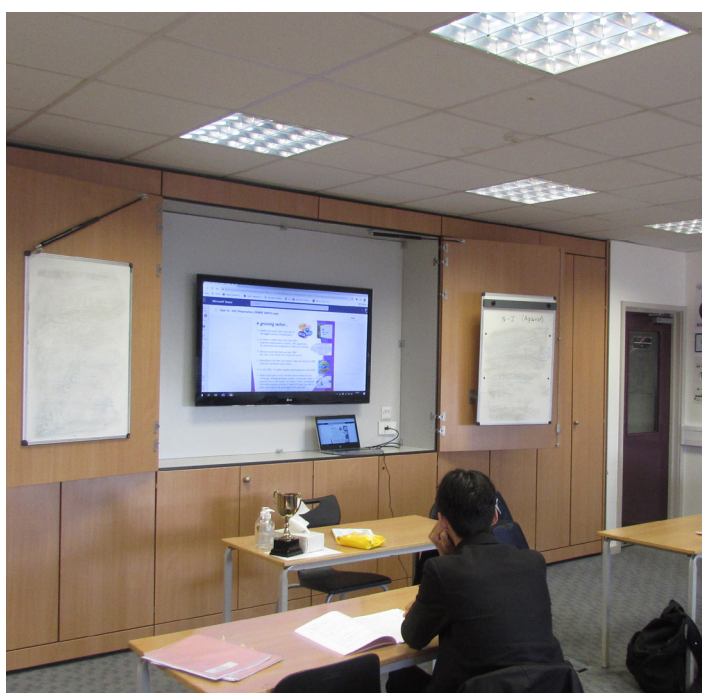


Year 11 Options Assemblies

During the week commencing Monday 1st November, Post 16 Options assemblies were delivered virtually to students in Year 11. Each day, students had the opportunity to gain an insight into the courses that are available to them if they make the choice to join The Trust's Post 16. PowerPoints had been presented by various subject teachers providing information about the content of each course, and what the entry requirements are.



Students at Parkside were able to gain further knowledge about their options should they wish to pursue the same course at Level 3. The week proved to be beneficial to the Year 11 students at this crucial time in their education.



Post 16 Open Evening

The Rosedale Hewens Academy Trust is excited to announce its Post 16 Open Evening, held to support all local young people in choosing the best possible pathway for success, as they work towards graduating from their secondary education. The evening will aim to guide parents, guardians, carers and prospective students through The Trust's Post 16 offer, where they will be taken on a journey through the four colleges within The Trust and guided through the different curriculum areas, demonstrating what Post 16 teaching and learning looks like, as it is a step up from GCSE. From the wide variety of subject areas on offer, students and their families will be able to gauge the examination boards used, the modules covered in both Year 12 and 13, and will receive a comprehensive overview of what the course demands from its students.

The event promises to be informative and enlightening for all. From the career-focused courses offered at The Trust to our extensive enrichment opportunities, students and their families are invited to join us on Monday 22nd November at 6:00pm to find out just what makes Post 16 at The Rosedale Hewens Academy Trust an offer that cannot be missed!

In order to keep the crowds to a minimum, we would appreciate if we could limit the guests to one adult per prospective student. In the meantime, please feel free to explore our Post 16 provision at (<https://trhat.co.uk/explore-post16/>).

Anti-Bullying Week


Anti-Bullying Week will take place from Monday 15th to Friday 19th November under the theme One Kind Word. In a world that can sometimes feel like it is filled with negativity, one kind word can provide a moment of hope; it can be a turning point in someone's life; it can break the cycle of bullying. It is now more important than ever to practise kindness. After months of isolation, little acts of consideration can break down barriers and brighten the lives of people around us. It starts with one kind word. It starts today.

Children in Need

Children in Need will return this year on Friday 19th November for a night of fundraising with the aim to ensure every child in the UK is safe, happy, secure and has the opportunities they need to reach their potential. The money raised will support local charities and projects which are providing essential frontline help to children and young people in communities throughout the UK, and improve the lives of disadvantaged children so that they can thrive.

Public Examinations - Summer 2022

The Public Examinations page on our college website provides information about the summer 2022 examinations for Year 11 and Year 13 students. There are also some useful links for students and parents, guardians and carers about revision tips, study skills and managing examination stress. Please visit (<https://www.parksidestudiocollege.co.uk/118/public-examinations>) for access to these resources. Year 11 have been learning about revision techniques and have been given a revision techniques booklet to help them plan their own revision timetable.

	Week Commencing: Monday 15th November	
MENU 3		
MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/ Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/ Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/ Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/ Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/ Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		



November 2021 to
January 2022

NOVEMBER		
Monday 22nd	6:00pm	Post 16 Open Evening
DECEMBER		
Friday 17th		Term Ends
Monday 20th December to Monday 3rd January		Christmas Holiday
JANUARY		
Thursday 6th		Term Begins