

Hayes, Middlesex, UB3 2SE



#### FRIDAY 29TH OCTOBER, 2021

CONTACT US ON

020 8734 2901

www.parksidestudiocollege.co.uk

Parksidestudiocollege@trhat.org

# Year 11 Performing Arts

Year 11 Performing Arts students are currently learning Set-Professional Repertoire for Component 2: Developing Skills and Techniques in Performing Arts. Students have been learning Belgian choreographer Jeremy Lepine's '5AM', a contemporary dance work created for his company Yetsirah. The piece explores issues of self-awareness and self-image.





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#### The Vaccination Programme at Parkside

As you are aware, the roll out of the coronavirus (COVID-19) vaccination programme has been extended to all 12 to 15 year olds. The vaccination programme will be facilitated with NHS staff attending Parkside Studio College on **Wednesday 3rd and Thursday 4th November** to administer the vaccination to each student who has returned their signed consent form. Please visit [https://www.parksidestudiocollege. co.uk/129/coronavirus-advice-andguidance] for access to a range of leaflets and Frequently Asked Questions (FAQs) to enable you to make an informed decision about your child's vaccination. Please also read the letter that was distributed in September: [https://bit.ly/2XJ6QBG].

### Upcoming Enrichment Week

Please be advised that Enrichment Week will take place from Monday 8th through to Friday 12th November. Students in Years 9, 10 and 11 will be invited to attend sessions to support them in catching up with their learning. Letters will be sent out to parents, guardians and carers in due course.

#### **Brilliant Parents Support Programmes**

Brilliant Parents are working with the London Borough of Hillingdon to provide support to parents, guardians and carers who reside in the borough and require help with their children's behavioural and emotional needs, offering free parenting programmes to enable you to feel more confident and competent with your parenting. The programmes will be delivered via Zoom and face-to-face. Please visit the Additional Support section on our Mental Health and Wellbeing page via [https:// www.parksidestudiocollege.co.uk/211/mental-health-and-wellbeing] for more information and for access to the self-referral form which will need to be completed and submitted if you are interested in attending any of the programmes.

## Post 16 Open Evening

The Rosedale Hewens Academy Trust will be holding its Post 16 Open Evening on Monday 22nd November at 6:00pm. Students and their families are invited to attend the evening to find out what opportunities are available for them in the next step of their secondary education.

Please be advised, in order to keep the crowds to a minimum, only one adult per prospective student will be permitted to attend.

# Walk to School Month

October is International Walk to School Month, helping to embed active travel behaviours within the School community, with an opportunity to be part of a global campaign, encouraging students to walk to school alongside young people in over 40 countries!

Considering the contribution that traffic pollution makes to climate change and the effects it has on wildlife and natural habitats around the world, by walking to school, you can reduce your carbon emissions, supporting natural habitats and animals across the globe.

To keep the momentum going for Walk to School Month, Living Streets has started a new **#WALKFORTHEWORLD** Social Media Challenge. The prize draw is open to all UK schools and families who have a social media account. Please visit [https://www.livingstreets.org.uk/get-involved/ campaign-with-us/international-walk-to-school-month] for details on how to enter. Entries will be accepted up to midnight on Sunday 31st October. Any entries after this date will not be entered into the prize draw.

## Quote of the Week

"Failure is instructive: the person who really thinks learns quite as much from failures as from successes."

J Dewey

November 2021 to January 2022						
NOVEMBER						
Wednesday 3rd to Thursday 4th		COVID 19 Vaccination Programme				
Monday 8th to Friday 12th		Enrichment Week				
Monday 22nd	6:00pm	Post 16 Open Evening				
DECEMBER						
Friday 17th		Term Ends				
Monday 20th December to Monday 3rd January		Christmas Holiday				
JANUARY						
Thursday 6th		Term Begins				

# PARKSIDE

Week Commencing: Monday 1st November

# MENU 1

MONDAY					
Meal Choice 1	Lamb Curry with Rice		Halal		
Meal Choice 2	Teriyaki Chicken with Rice		Halal		
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal			
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian			
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free			
Vegetables Sweetcorn and Green Beans					
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries Fresh		Fruit and Yoghurts		
TUESDAY					
Meal Choice 1	Spaghetti Bolognese		Halal		
Meal Choice 2	Tandoori Chicken Breast with White Rice		Halal		
Meal Choice 3	Tandoori Chicken Breast with White Rice		Non Halal		
Meal Choice 4	Ratatouille Spaghetti		Vegetarian		
Meal Choice 5	Bolognese with Gluten free Pasta		Gluten/Dairy Free		
Vegetables	Carrots, Peas and White Cabbage				
Dessert Choice	Jam Sponge Fresh		Fruit and Yoghurts		
WEDNESDA	Y				
Meal Choice 1	Tuna Pasta Bake				
Meal Choice 2	Chicken Tikka Masala with Rice		Halal		
Meal Choice 3	Chicken Tikka Masala with Rice		Non Halal		
Meal Choice 4	Macaroni Cheese	Vegetarian			
Meal Choice 5	Lightly Spiced Chicken Breast with Rice		Gluten/Dairy Free		
Vegetables	Broccoli and Cauliflower Florets				
Dessert Choice	Lemon Tart Fresh		Fruit and Yoghurts		
THURSDAY					
Meal Choice 1	Mexican Chilli Mince Wraps		Halal		
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Halal		
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Non Halal		
Meal Choice 4	Cauliflower and Broccoli Cheese Bake		Vegetarian		
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy		Gluten/Dairy Free		
Vegetables	Mushy Peas and Sweetcorn				
Dessert Choice	Strawberry Jelly Fresh		Fruit and Yoghurts		
FRIDAY					
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges				
Meal Choice 2	Tomato Pasta Bake		Vegetarian		
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free		
Vegetables	Baby Carrots and Peas				
Dessert Choice	Fresh Fruit Salad Fresh		Fruit and Yoghurts		
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily					

#### **Public Examinations**

We have updated our Public Examinations information on our college website, which gives information about the summer 2022 examinations for Year 11 and Year 13 students. There are also some useful links for students and parents, guardians and carers about revision tips, study skills and managing examination stress. Please visit [https://www.parksidestudiocollege.co.uk/118/public-examinations] for access to these resources. Year 11 have been learning about revision techniques and have been given a revision techniques booklet to help them plan their own revision timetable.

You will also find an update on the scheduled collection date for your child's summer 2022 examination results. Details about collection procedures will be published via newsletter and the College website nearer the time.