



FRIDAY 19TH APRIL 2024

CONTACT US ON

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Year 9 and 10 Road Safety Workshop



On Tuesday 23rd April, students in Years 9 and 10 took part in a Road Safety workshop, which was delivered by Riot Act, a performing arts company that delivers workshops in relation to Road Safety. During the workshop students were briefed on road safety guidelines and the negative impact mobile phones can have on road safety.









The group used a vivid dramatization of a fictional character called Sarah who was on her mobile phone whilst crossing a motor way, which led to her untimely death. The workshop also taught students about the importance of peer relationships, and how these can have a negative effect on decisions that are made by young people.



PUBLIC EXAMINATIONS - Year 11 and Post 16

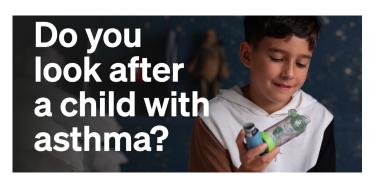
Students

The timetable of public examinations for the summer series has now been published and commences the week beginning Monday 6th May 2024.

It is of vital importance that each student attends college fully prepared for each examination, and at least 30 minutes before it is scheduled to commence. Students are required to attend all examinations in full college uniform and with the required equipment. The use of mobile telephones and other electronic devices are NOT PERMITTED in the examination hall including smart watches. Therefore it is requested that students do not bring these items to college when they have an examination. If students do need to have any such devices with them, they must hand them to the invigilation staff at the start of each examination. Failure to do so may result in disqualification from the examination.

Students must attend the examination(s) for which they have been entered. In the event of illness or an emergency situation that prevents your child attending or means your child will be late, please make contact with the College as soon as possible so that appropriate advice can be given and arrangements put in place. Please note that your child's final examination grade will be adversely affected if he/she fails to attend a scheduled examination.

ASTHMA PARENT SUPPPORT



At Asthma + Lung UK, we give advice and support to everyone living with a lung condition.

Our online Parent Carer Support Network is a safe and friendly space for parents, carers, and anyone who looks after a child with asthma. Get free expert advice on how to manage your child's asthma and meet other families who understand what you're going through.

March 2024	Help your child at home: Understand your child's asthma action plan and how to manage their asthma at home.	
April 2024	Managing your child's medication: Discover the different types of inhalers and learn how to manage your child's medication.	
May 2024	How does air pollution affect asthma? Learn about the effects of air pollution and seasonal allergies on your child's asthma.	
June 2024	Breathing well: Help your child to breathe well when they are feeling breathless.	
July 2024	Sweet dreams: Make sure your child gets the best night's sleep possible, when living with asthma.	
August 2024	Back to school: How to help your child manage their asthma in school.	
September 2024	After school clubs and asthma: How to help your child manage sports and clubs when they have asthma.	
October 2024	From hospital to home: What happens when your child is admitted to hospital, and wh to do when they are sent home.	
November 2024	Stay well in the festive season: Get help with managing allergies intolerances and	

To sign up to our online sessions, scan the QR code or visit asthmaandlung.org.uk/parent-carer-support-network
Contact us on supportgroups@asthmaandlung.org.uk
or 0300 222 5800.





Week Commencing: Monday 29th April

MENU 3

Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice		Halal
Meal Choice 2	Chilli Con Carne with Pitta Bread or Rice Chicken Sausages with Mashed Potatoes and Onion Graw		Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy		Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage		
Dessert Choice	-		t and Yoghurts
TUESDAY			<u>u</u>
Meal Choice 1	Chicken Tikka Masala with Rice Halal		
Meal Choice 2	Beef Lasagne with Fresh Salad		Halal
Meal Choice 3	Beef Lasagne with Fresh Salad		Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad		Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Chocolate Mousse	Fresh Frui	t and Yoghurts
WEDNESDA			
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice		Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice		Non Halal
Meal Choice 4	Chickpea and Lentil Curry		Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice		Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn		
Dessert Choice	Apple Crumble Fresh Fruit and		t and Yoghurts
THURSDAY			
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Halal		Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Non Halal
Meal Choice 3	Roast Mediterranean Vegatables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa		Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa		Gluten/Dairy Free
Vegetables	Baby Carrots and Peas		
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit	t and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges		
Meal Choice 3	Chicken Fillet with Potato Wedges		Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas		
	Chocolate Brownie Tray Bake		t and Yoghurts

BANK HOLIDAY - Monday 6th May

Please note that Monday 6th May is a bank holiday, therefore, college will be closed and will resume on Tuesday 7th May at the normal time of 8:45am

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MAY	
Monday 6th	Bank Holiday
Thursday 9th	Year 9 and 10 Bank of England Trip