



Daniel Spargo Mabbs Presentation



On Thursday 7th March, The Daniel Spargo Mabbs Foundation visited Parkside to perform their moving tribute to Daniel Spargo Mabbs in a performance called 'I love you mum, I promise I won't die'. The performance started with a history of the foundation and how and why it had been started. Students learned that the foundation was established in order to educate young people on the dangers of drugs.



Daniel was a lively Year 11 student with a promising future, he went to a rave party and made the fatal decision to take the drug MDMA. Daniel had a tragic adverse reaction to the drug and died during the rave, surrounded by his friends who were unable to save him. The performance was followed by an interactive workshop that enabled students to explore the dangers and consequences of drug abuse.



A huge well done to students for their impeccable behaviour and sensitive approach, the event was a huge success and we look forward to welcoming The Daniel Spargo Mabbs Foundation in the future.



End of Term

Parents, guardians and carers are reminded that Thursday 26th March is the last day of term. The Summer Term will begin for all students on Wednesday 17th April.

Upcoming Enrichment Week

Please be reminded that Monday 1st April through to Friday 5th April is Enrichment Week. Students in Years 9, 10 and 11 will be invited to attend if they need to catch up on their coursework. Letters will be sent home to parents, guardians and carers, informing them of what the week will entail, from intervention classes to exciting activities to catch-up sessions. If you have any questions or require any further information, please do not hesitate to contact the College on 0208 573 2097.

Academic Tutoring

Academic Tutoring appointments are currently being organised for students in Key Stages 4 and Post 16 on 15th and 16th April. A separate communication to confirm these appointments will be sent out to parents, guardians and carers in due course. If you have any concerns in regard to your appointment, please contact the College office on 0208 573 2097.

Immunisations - Year 9 Teenage Boosters

On Friday 15th March, the NHS Immunisation Team will carry out the Teenage Booster immunisations on our Year 9 students. The vaccinations will only take place for students whose parents have completed the consent forms, a link to access these forms will be emailed to parents in due course. If you have any questions about this, please do not hesitate to contact the College office.

Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

Emergency Contact Details

In the best interest of your child's wellbeing whilst at college, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child. Thank you.

		Week Commencing: <i>Monday 18th March</i>	
MENU 3			
MONDAY			
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice		Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy		Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy		Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage		
Dessert Choice	Orange Jelly		Fresh Fruit and Yoghurts
TUESDAY			
Meal Choice 1	Chicken Tikka Masala with Rice		Halal
Meal Choice 2	Beef Lasagne with Fresh Salad		Halal
Meal Choice 3	Beef Lasagne with Fresh Salad		Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad		Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Chocolate Mousse		Fresh Fruit and Yoghurts
WEDNESDAY			
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice		Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice		Non Halal
Meal Choice 4	Chickpea and Lentil Curry		Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice		Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn		
Dessert Choice	Apple Crumble		Fresh Fruit and Yoghurts
THURSDAY			
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa		Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa		Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa		Gluten/Dairy Free
Vegetables	Baby Carrots and Peas		
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry		Fresh Fruit and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges		
Meal Choice 3	Chicken Fillet with Potato Wedges		Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas		
Dessert Choice	Chocolate Brownie Tray Bake		Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>			

		March to April 2024	
MARCH			
Friday 29th		Good Friday	
APRIL			
Monday 1st		Bank Holiday	
Tuesday 2nd to Friday 5th		Enrichment Week	
Monday 15th		Staff Training Day	
Tuesday 16th		Academic Tutoring Day	