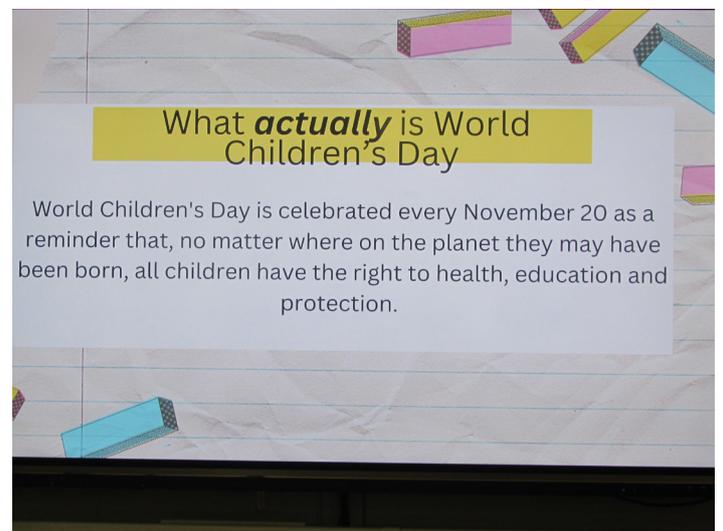
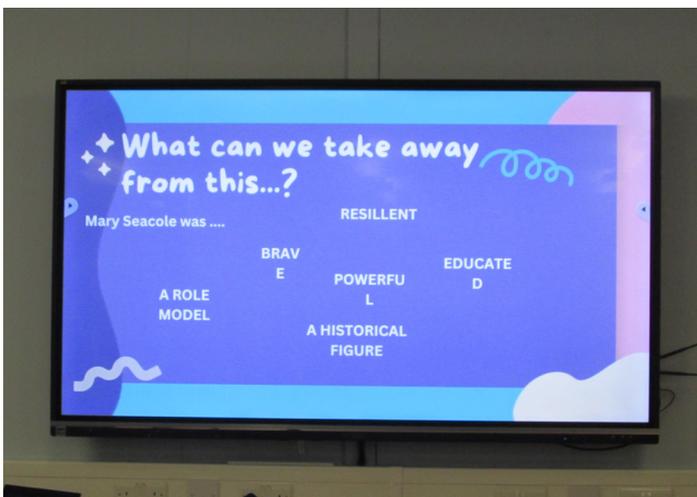
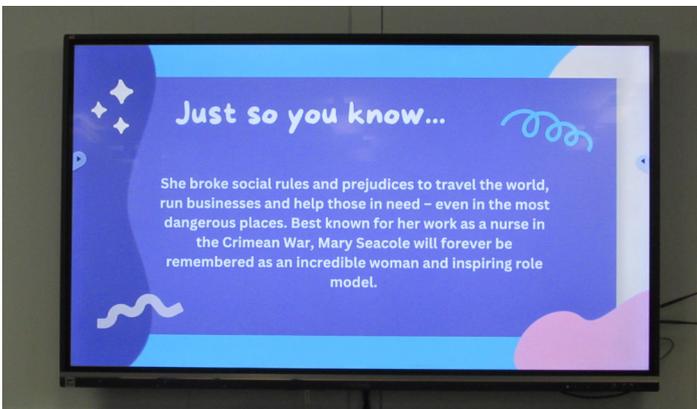




World Children Day Assembly



On Wednesday 22nd November, our Head Boy and Girl delivered an informative and engaging presentation on World Children's Day, which reminds us of the right of children. Also, to honour Mary Seacole's birthday they celebrated her lifetime achievements. Well done to Alice and Avar for presenting the assembly.



Year 11 Trial Examinations

Trial Examinations for all Year 11 students will take place from Monday 27th November to Friday 1st December 2023. All examinations will take place in PSC3. It is of vital importance that students arrive at college for 8:45am each day, in full college uniform and with the correct equipment.

For Science and Mathematics examinations, they must have a calculator, ruler, pencil and a geometry set. Students must also bring a black biro to each examination. Mobile telephones and other electronic devices are NOT PERMITTED to be taken into the Examination room. Therefore, it is requested that students who need to have any such devices with them hand them to the member of staff invigilating at the start of each examination.

In the event of illness or an emergency situation that prevents your child attending one or more of the examinations or if they are going to be late, please make contact with the College as soon as possible so that appropriate advice can be given and arrangements put in place.

Students will not have study leave during this time, so are expected to attend normal lessons when not in an examination.

Trial Examinations – Supporting your Child

As we approach the period of trial examinations, it is vitally important for students to settle into regular and structured home revision to give them the best possible chance of examination success.

Below are some tips for parents, guardians and carers on how to help your child with home revision:

- Provide them with a comfortable, quiet and well-lit area to work in;
- Keep siblings occupied at revision times;
- Ensure they are properly hydrated and are eating well;
- Ensure they have adequate sleep;
- Help them to put a home revision schedule together;
- Break revision times into small 15-to-20-minute periods;
- Ensure they have the books and equipment they need to properly revise;
- Encourage them to adopt revision techniques such as writing brief notes to act as prompts;
- Keep positive, create a 'can do' attitude.

Nasal Flu Vaccinations

The School Nursing Team will be in on Thursday 14th November to administer the Nasal Flu Immunisations to students in all Year groups, you are reminded to return the consent forms for your child by Friday 9th December. If your child has already had the Immunisation they will not require it again.

Student Christmas Lunch

Christmas lunch for students will be served on Tuesday 19th November.

	Week Commencing: Monday 27th November	
	MENU 1	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

	<h1>November to December 2023</h1>	
NOVEMBER		
Monday 27th to Friday 1st December	Year 11 Trial Examinations	
DECEMBER		
Thursday 21st	End of Term	