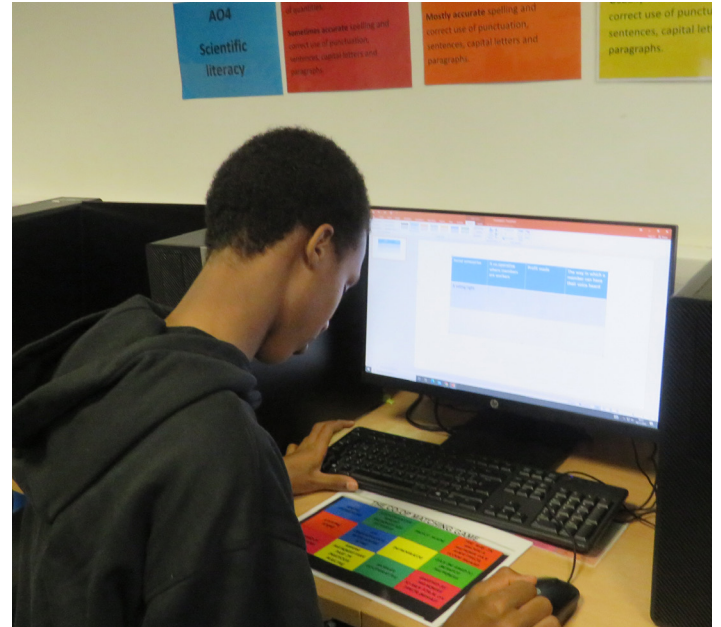




## October Enrichment Week

Monday 23rd through to Friday 27th October was Enrichment week at Parkside. During the course of the week, students arrived into college to take part in a range of Intervention sessions to help support them with their education. Year 11 students were offered booster sessions in preparation for their upcoming trial examinations which take place in November. Support was also offered to those students that are new to the country and may require extra support with accessing the curriculum, due to the language barrier. It was a thoroughly enjoyable and highly productive week for all.



## Start of Term – Monday 30th October 2023

Please be reminded that the College will resume on Monday 30th October at the normal time of 8:45am. All students need to arrive promptly and in full College uniform.

## Post 16 Open Evening

The Rosedale Hewens Academy Trust will be holding its Post 16 Open Evening on Tuesday 7th November from 5:30pm to 7:30pm. Students and their families are invited to attend the evening to find out what opportunities are available for them in the next step of their secondary education.

## Appropriate Footwear

Students wearing appropriate footwear in college is essential, not only to comply with our published expectations in terms of uniform, but also to avoid inappropriate footwear such as boots and open toe sandals in college. Obviously, if the weather is inclement, it is sensible for students to wear boots to and from college. However, they must change into black shoes on arrival. The Rosedale Hewens Academy Trust cannot accept any liability in circumstances where issues emerge due to inappropriate footwear. Your support in this matter is appreciated.

## Physical Education (PE) Kit

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college.

PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing. This consists of a polo shirt, blazer, red socks with the Parkside Studio College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour). Students also have the choice of wearing the Parkside tracksuit or the Parkside shorts; other branded tracksuits and hoodies are strictly prohibited.

If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.

## Homework


It is the policy of the College to set homework on a regular basis. In addition to consolidating and extending work completed during the College day, homework supports the development of key skills such as independent working which are vital to academic success. Please support your child to complete their homework by providing them with a comfortable, well-lit area to work in.

## Quote of the Week

'Work hard, be kind, and amazing things will happen'

Conan O'Brien

		Week Commencing: <i>Monday 30th October</i>	
<b>MENU 1</b>			
<b>MONDAY</b>			
Meal Choice 1	Lamb Curry with Rice		Halal
Meal Choice 2	Teriyaki Chicken with Rice		Halal
Meal Choice 3	Teriyaki Chicken with Rice		Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings		Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans		Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	<i>Strawberry Ice Cream and Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>TUESDAY</b>			
Meal Choice 1	Spaghetti Bolognese		Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice		Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice		Non Halal
Meal Choice 4	Ratatouille Spaghetti		Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage		
Dessert Choice	<i>Jam Sponge</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>WEDNESDAY</b>			
Meal Choice 1	Tuna Pasta Bake		
Meal Choice 2	Chicken Tikka Masala with Rice		Halal
Meal Choice 3	Chicken Tikka Masala with Rice		Non Halal
Meal Choice 4	Macaroni Cheese		Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice		Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	<i>Lemon Tart</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>THURSDAY</b>			
Meal Choice 1	Mexican Chilli Mince Wraps		Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing		Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake		Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy		Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn		
Dessert Choice	<i>Strawberry Jelly</i>	<i>Fresh Fruit and Yoghurts</i>	
<b>FRIDAY</b>			
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges		
Meal Choice 2	Tomato Pasta Bake		Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Vegetables	Baby Carrots and Peas		
Dessert Choice	<i>Fresh Fruit Salad</i>	<i>Fresh Fruit and Yoghurts</i>	
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>			

		November to December 2023	
<b>NOVEMBER</b>			
Tuesday 7th		Post 16 Open Evening	
Monday 27th to Friday 1st December		Year 11 Trial Examinations	
<b>DECEMBER</b>			
Thursday 21st		End of Term	
Friday 22nd to Friday 5th January		Christmas Holiday	