



Parkside GCSE Results 2023!

On Thursday 24th August, the Year 11 Leavers came in to collect their GCSE results, our amazing students supported each other through the day and celebrated each other, decided on their next steps together and were adamant to know who had gained the best results for each subject. Although there is nothing wrong with healthy competition, staff advised the students that no matter what grade they achieved, they will always be a Parkside Winner!!

So here it is..... The Parkside Champions League!!!

Mathematics: Chloe and Joshua both scoring a grade 7!!!

English Language: Chole scored a very respectable 6!!!!

English Literature: Abdullah pipped everyone to the post and scored a 7!!!

Science: Chloe pipped the group with an amazing 8-7!!!!

Business: Chloe celebrates with a 7!!!!

Sports Science: This hotly contested subject goes to our very own champion Joshua who walks away with a fantastic Level 2 Distinction*!!

Hair and Beauty: Chloe styled a fabulous Level 2 Distinction!

Health and Social Care: Another Level 2 Distinction in the bag for Chloe!

Media: We have a tie from Jawirah and Jasmit both securing a Level 2 Pass.

Well done to all the students for doing their very best, and to staff for their hard work/consistency and support, we couldn't be any prouder of you all.



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Support with School Attendance – Emotionally

Based School Avoidance

MyHealth are running FREE Asthma workshops for parents who have children with Asthma. These sessions are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content included in these sessions is:

- Asthma attacks
- Asthma triggers
- Inhaler techniques
- Asthma action plans

The workshop is run online using ZOOM you can register your FREE place [HERE](https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397). (<https://www.eventbrite.co.uk/e/myhealth-asthma-workshop-for-parents-children-tickets-191548726397>)

All sessions are from 4 - 5 pm and current dates are:

- ☐ Monday 2nd October
- ☐ Monday 6th November
- ☐ Monday 4th December

You can also contact the MyHealth team on tel: 01895 543 437 or nhsnwccg.myhealth@nhs.net.

H4All
stronger together

FREE
Virtual
Asthma Workshop's

October 2nd November 6th December 4th

4pm - 5pm

The workshop is run online using ZOOM you can register your FREE place by scanning the QR code

nhsnwccg.myhealth@nhs.net 01895 543 437

WHAT'S INCLUDED IN THE WORKSHOP ?

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
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SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE

College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

Should there be an opportunity for the College to host an internal event or facilitate a VIP (very important person) visit, it is essential that students continue to project a positive image of the College. As such, all students are required to wear full college uniform in order to participate in special events.

	Week Commencing: Monday 11th September
MENU 2	

MONDAY		
Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip	Halal
Meal Choice 2	Beef Meatball Pasta Bake	Halal
Meal Choice 3	Beef Meatball Pasta Bake	Non Halal
Meal Choice 4	Potato and Cheese Bake	Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets	
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	Halal
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts

Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily

	September to December 2023
SEPTEMBER	
Tuesday 19th	Open Evening
OCTOBER	
Tuesday 17th October	Student Photographs
Monday 23rd to Friday 27th	Enrichment Week