

Hayes, Middlesex, UB3 2SE



FRIDAY 25TH NOVEMBER, 2022

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Year 11 'Step to the Future Day'

On Thursday 17th November, students in Year 11 had the opportunity to take part in a series of workshops and presentations delivered by outside agencies in order to develop their CV writing skills, and find out more about applying for Post 16 and College places after Year 11.







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Agencies such as the Talent Foundry, University of West London, and the British Army came in to provide an insight into the different opportunities that are available to our students in regard to further education. Study strategies were shared by staff to prepare them for their upcoming GCSE examinations and all students were engaged in group discussions and hands on activities. The day was very informative and students found it insightful!





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Post 16 Open Evening - Wednesday 30th November

The Rosedale Hewens Academy Trust is excited to announce its Post 16 Open Evening to support all local young people in choosing the best possible pathway for success, as they work towards graduating from their secondary education. The evening will aim to guide parents, guardians, carers and prospective students through The Trust's Post 16 offer, where they will be taken on a journey through the four colleges within The Trust and guided through the different curriculum areas, demonstrating what Post 16 teaching and learning looks like, as it is a step up from GCSE. From the wide variety of subject areas on offer, students and their families will be able to gauge the examination boards used, the modules covered in both Year 12 and 13, and will receive a comprehensive overview of what the course demands from its students.

The event promises to be informative and enlightening for all. From the career-focused courses offered at The Trust to our extensive enrichment opportunities, students and their families are invited to join us on Wednesday 30th November at 5:30pm to 7:45pm at Rosedale College to find out just what makes Post 16 at The Rosedale Hewens Academy Trust an offer that cannot be missed! The Director's Speeches will take place at 6:00pm and 7:00pm.

Physical Education (PE) Kit

Physical activity is integral to the good health of our students and thus, suitable Physical Education (PE) kit is essential in ensuring that students access the PE national curriculum to its potential, and participate safely and comfortably in physical activity at college. However, it has come to our attention that a small number of students are attending college without the correct PE kit. PE is a compulsory activity that all students must take part in and to ensure the safety of students, it is paramount that they wear the correct clothing. This consists of a polo shirt, blazer, black socks with the Parkside Studio College logo on each item, all of which are compulsory, as well as a pair of trainers (any brand and colour). Students also have the choice of wearing either the Parkside tracksuit or the Parkside shorts; other branded tracksuits and hoodies are strictly prohibited.

If students do not attend in their full PE kit, they will not be able to engage in the practical lesson, and will receive the appropriate sanctions in accordance with our policy.

Uniform Expectations – *Winter*

Our college uniform provides students with a sense of community and pride for their college. It also supports positive behaviour for learning. Therefore, whilst it is important during the winter months for your child to keep warm and wear coats, scarves, hats, gloves and even boots travelling to and from college, correct uniform must be worn once on the college campus. Please support your child in meeting the expectations of uniform by ensuring that correct uniform is worn under their winter garments and that they bring their shoes to change into if they wear boots travelling to and from college. Thank you.

MONDAY			
Meal Choice 1	Beef Lasagne with Fresh Salad		Halal
Meal Choice 2	Spaghetti Bolognese		Halal
Meal Choice 3	Spaghetti Bolognese		Non Halal
Meal Choice 4	Mediterranean Pasta Bake		Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets		
Dessert Choice	Raspberry Jelly	Fresh	Fruit and Yoghur
TUESDAY			
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy		Halal
Meal Choice 2	Beef Tikka Masala with Rice		Halal
Meal Choice 3	Beef Tikka Masala with Rice		Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy		Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter		Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage		
Dessert Choice	Jam and Coconut Sponge	Fresh	Fruit and Yoghur
WEDNESDA	Y		
Meal Choice 1	Chicken New Yorker with Jacket Potato		Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry		Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry		Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles		Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry		Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh	Fruit and Yoghui
THURSDAY			
Meal Choice 1	Mexican Chilli Mince Wraps		Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Non Halal
Meal Choice 4	Cheese and Onion Tart		Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy		Gluten/Dairy Free
Vegetables	Peas and White Cabbage		
Dessert Choice	Chocolate Sponge	Fresh	Fruit and Yoghui
FRIDAY			
Meal Choice 1	Fish Cakes with Potato Wedges		
Meal Choice 2	Fish Fingers with Potato Wedges		
Meal Choice 3	Macaroni Cheese		Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower		
Dessert Choice	Custard Tart Fresh Fruit and Y note that all main meals are served with Fresh Vegetables of the Day.		Fruit and Yoghui

Week Commencing: Monday 28th November

