



FRIDAY 3RD DECEMBER, 2021

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Mathematics Week at Parkside

On Friday 19th November, the Army Engagement Team visited Parkside to engulf students in a Science, Technology, Engineering and Mathematics (STEM) challenge to culminate the Mathematics Week celebrations for 2021!



They donned their uniforms and brought with them, MTA kits which entailed more than 100 pieces of bolts, clips, wheels, rubber bands, poles and reinforcing strips which were to be used for the building of a self-propelled car.





Students worked together in teams and brainstormed ideas about how they could use their Engineering, Mathematical and Scientific skills whilst looking at different ways in which they could assemble the cars in order for them to move. At the end of the session, the students took their vehicles out into the College car park to put their designs to the test! All students commented on how interactive and enjoyable the session was.

Update on Face Masks

We have reviewed the current circumstances regarding face masks in line with the recent government guidelines and will be proceeding with the approach informed by the government and the World Health Organisation (WHO).

The health and safety of our students and staff are of paramount importance. Thus, we would like to reiterate the importance of all students being highly recommended to wear face masks in all communal areas of the College campus as well as on public transport and the minibuses. This measure has been implemented to reduce the risk of coronavirus (COVID-19) transmission and will provide yet another layer of reassurance to students, families and staff, and build on the stringent measures already implemented around the site. Further information can be found on the letter that was distributed on Tuesday 30th November or via (https://bit.ly/32EXOTD).

Flu Immunisation - Years, 9, 10 and 11

On Tuesday 7th December, the NHS Immunisation Team will carry out the Nasal Flu Immunisation to our students in Years 9, 10 and 11. Consent Forms and further information with regard to this have been sent home. Completed consent forms should be returned back to your child's form tutor by Monday 6th December. The immunisations will only be carried out on students who have parental consent and have brought back the signed consent forms.



UPDATE ON FACE MASKS

We have reviewed the current circumstances regarding face masks in line with the recent government guidelines and would like to reiterate the importance of all students being highly recommended to wear face coverings in all communal areas of the College campus as well as on public transport and the minibuses.

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Christmas Meals



On Wednesday 15th December, we will be offering the students who wish to have a school dinner, a traditional Christmas meal and a dessert at a small cost of £2.40. All information regarding Christmas meals is available on the Fusion Mobile application. You will be required to log into your child's account and pre-order their meal of choice at your earliest convenience. Please ensure your child's iPay account is topped up with sufficient funds if you would like them to enjoy the festive meal.

The Dee Jay Performing Arts School

The Dee Jay Performing Arts (DJPA) School provides a caring and friendly atmosphere combined with the highest quality teaching, nurturing natural talent with the goal of producing good all-round performers. Their main aim is to inspire in students a love for dancing and performing and to encourage all, whether hoping to pursue dance as a hobby or a professional career, to reach their full potential whilst maintaining the sheer delight of dance.

Please note, all classes are based in the Performing Arts Studio at Hewens College. For more information, please visit [https://www.hewenscollege.co.uk/224/dee-jay-performing-arts-school].

Train to Be a Family Support Volunteer

If you are interested in training to be a family support volunteer, giving support, providing practical help and making a difference to local families who are struggling to cope with issues including post-natal depression, isolation and managing difficult personal circumstances, apply now for Home Start Hillingdon's Volunteer Preparation Course starting on Wednesday 19th January. Full training and support are provided and the agreed expenses are covered. To find out more, please visit [https://bit.ly/3FCsckH].



Week Commencing: Monday 6th December

MENU 2

| Meal Choice 1 | Lamb Patty with Mediterranean Vegetables, Pitta Bread and Yoghurt Dip | | Halal |
|----------------|---|-------|--------------------|
| Meal Choice 2 | Beef Meatball Pasta Bake | | Halal |
| Meal Choice 3 | Beef Meatball Pasta Bake | | Non Halal |
| Meal Choice 4 | Potato and Cheese Bake | | Vegetarian |
| Meal Choice 5 | Meatballs with Gluten free Pasta | | Gluten/Dairy Fre |
| Vegetables | Cauliflower and Broccoli Florets | | |
| Dessert Choice | Strawberry Mousse with Fresh Strawberries | Fresh | Fruit and Yoghurts |
| TUESDAY | | | |
| Meal Choice 1 | Breaded Chicken Fillet with Boiled New Potatoes | | Halal |
| Meal Choice 2 | Lamb Koftas with Rice and a Yogurt and Cucumber Dip | | Halal |
| Meal Choice 3 | Lamb Koftas with Rice and a Yogurt and Cucumber Dip | | Non Halal |
| Meal Choice 4 | Creamy Pasta Bake | | Vegetarian |
| Meal Choice 5 | Lamb Patty with Rice | | Gluten/Dairy Fre |
| Vegetables | Peas and White Cabbage | | |
| Dessert Choice | Chocolate Sponge | Fresh | Fruit and Yoghurts |
| WEDNESDA | Y | | |
| Meal Choice 1 | Beef Meatballs in a Tomato Sauce with Spaghetti | | Halal |
| Meal Choice 2 | Chicken Carbonara with Spaghetti | | Halal |
| Meal Choice 3 | Chicken Carbonara with Spaghetti | | Non Halal |
| Meal Choice 4 | Quorn Mince Balls in a Tomato Sauce with Spaghetti | | Vegetarian |
| Meal Choice 5 | Baked Jacket Potato with Salad and Beans | | Gluten/Dairy Fro |
| Vegetables | Sweetcorn and Green Beans | | |
| Dessert Choice | Fruit Tarts | Fresh | Fruit and Yoghurts |
| THURSDAY | | | |
| Meal Choice 1 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | | Halal |
| Meal Choice 2 | Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy | | Non Halal |
| Meal Choice 3 | Vegetable Tart | | Vegetarian |
| Meal Choice 4 | Roast Chicken with Roast Potatoes and Gluten free Gravy | | Gluten/Dairy Fr |
| Vegetables | Roast Carrots and Green Cabbage | | |
| Dessert Choice | Vanilla Cheesecake | Fresh | Fruit and Yoghurts |
| FRIDAY | | | |
| Meal Choice 1 | Fish Fingers or Battered Chicken with Oven Baked Potato | Wedge | es |
| Meal Choice 2 | Beef Casserole with Rice | | Halal |
| Meal Choice 3 | Vegetable and Cheese Pasta Bake | | Vegetarian |
| Meal Choice 4 | Gluten free Fish Fingers with Gluten free Potato Wedges and Beans | | Gluten/Dairy Fro |
| Vegetables | Peas and Sweetcorn | | |
| Dessert Choice | Apple Pie Fresh | | Fruit and Yoghurts |

