



## Black Training and Enterprise Group – Session 2

On Thursday 9th December, Phoebe Georgeston and Brianna Cyrus from Black Training and Enterprise Group (BTEG), came in to deliver the second session on Empowerment to the female students in Year 10. During the presentation, students discussed their goals and aspirations for the future. They watched an inspiring video about people achieving their goals and overcoming any obstacles they may have faced whilst doing this before completing a questionnaire to help them identify their own goals.



As part of the main activity, the students were tasked to make their vision boards more tangible and were required to create their own vision boards to represent their goals and to motivate them on their journey. This promoted motivation, confidence and optimism through a collection of affirmations and images which was then presented to the rest of the group.



## Precautionary Measures for Coronavirus - Updated

Following a letter received from the Secretary of State for Education which provided an update on the return to college after the holiday, we have reviewed the coronavirus (COVID-19) measures currently implemented across the College.

From the start of term, wearing face coverings will still be recommended in classrooms, all communal areas and on transport until Wednesday 26th January at which point this will be reviewed. Additionally, the 10 day self-isolation period for individuals who test positive for coronavirus has been reduced to 7 in most circumstances. From Tuesday 11th January, anyone who receives a positive lateral flow device (LFD) test should report their results and must self-isolate immediately; they will not be required to undertake a follow up polymerase chain reaction (PCR) test. Finally, a new national approach to daily testing for COVID-19 has been introduced. All adults who are fully vaccinated and children aged 5 to 18 years and 6 months, identified as a contact of someone with COVID-19 should take a LFD test every day for 7 days instead of self-isolating. For further information, please refer to the letter that was distributed this week via (<https://bit.ly/34lqDu5>).

We encourage students to test twice weekly using the LFD tests and to report results to both the NHS and college, and we urge everyone to ensure they engage with the vaccination programme, including boosters when eligible. Please be reminded that students should not come into college if they are experiencing any COVID-19 symptoms. Should your child develop symptoms, they must immediately self-isolate and arrange a test by calling 119 or visiting (<https://www.gov.uk/get-coronavirus-test>).

## Free School Meals – Application Process

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the College Reception and request an application form.

The College Reception will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year. It is important to note that until your child has been confirmed as receiving the Free School Meals benefit, their school lunches must be paid for.

## College Drop Off and Collection

Please can we remind parents, guardians and carers not to block the pavements outside or opposite the College as on occasions, our students and other pedestrians have had to walk on the road as a consequence, which is very dangerous. We appreciate that these are exceptional times in terms of managing access to the schools, however please can we request all parents, guardians and carers to be mindful of others when dropping and collecting children. Thank you.

## Term Dates

The 2021 to 2022 term dates are detailed on our website and can be accessed via (<https://www.parksidestudiocollege.co.uk/89/term-dates>). Please check these dates as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.

	<b>Week Commencing: Monday 10th January</b>	
	<b>MENU 1</b>	

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

	<h1>February to April 2022</h1>
FEBRUARY	
Monday 7th to Friday 11th	Enrichment Week
MARCH	
Monday 21st to Friday 25th	Enrichment Week
Monday 28th March to Friday 1st April	College Closure
APRIL	
Friday 15th	Good Friday
Monday 18th	Bank Holiday