

BTEC Health and Social Care Tech Award Level 1/2

What are the aims and intentions of this curriculum?

The Year 11 curriculum prepares students for external assessment (Component 3) while reinforcing vocational competence. Students apply learning synoptically to address health indicators, lifestyle factors, and improvement strategies, developing confident exam technique and evaluative responses to real-world health issues.

Term	Topics	Knowledge and key terms	Skills developed	Assessment
Summer 2	Component 3: Health and Wellbeing Health indicators	<p>Students will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing.</p> <p>Key Terms:</p> <ul style="list-style-type: none"> • Life expectancy • BMI • Social determinants 	<p>Data interpretation</p> <p>Exam technique</p>	Exam practice
Autumn 1	Factors That Affect Health and Wellbeing	<p>Students will explore how factors can affect an individual's health and wellbeing positively or negatively. This links to and extends knowledge and understanding of human lifespan development including life events, covered in Component 1. Here, however, the focus is on the current health and wellbeing of individuals.</p> <p>Key Terms:</p> <ul style="list-style-type: none"> • Diet • Exercise • Smoking • Alcohol 	<p>Explaining impact</p> <p>Justifying conclusions</p>	Mock exam

Autumn 2	Improving Health and Wellbeing and Interpreting Health Indicators	<p>Students will explore recommendations and actions that are aimed at improving health and wellbeing, alongside support available for achieving this. This links to, and consolidates, knowledge and understanding from Component 1 on sources and types of support, and Component 2 on health and social care services, and also skills, attributes and values that contribute to care.</p> <p>Students will explore how physiological indicators are used to measure health. Learners will explore how lifestyle choices determine physical health.</p> <p>Key Terms:</p> <ul style="list-style-type: none"> • Action plans • SMART targets • Support services 	Evaluation skills Written justification	Mock exam
Spring 1	Health Improvement Strategies and Person Centred Approach	<p>Learners will explore the use of the person-centred approach in health and social care settings. This links to, and consolidates, knowledge and understanding from Component 2 on the skills, attributes and values that contribute to care.</p> <p>Key Terms:</p> <ul style="list-style-type: none"> • Education • Lifestyle change 	Synoptic application	Revision assessment
Spring 2	Final Exam Preparation	<p>Key Terms:</p> <ul style="list-style-type: none"> • Command words • Exam structure 	Time management Confidence	External exam
Summer 1				